

## Trailblazer & Author Robin Schepper on Finding My Way: A Memoir of Family, Identity and Political Ambition

Podcast | Madam Policy

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**TRIGGER WARNING:** This episode contains discussion of sexual assault and sexual violence. Listener discretion is advised.

Trailblazer and author Robin Schepper is committed to transparency and democracy—two throughlines in her new memoir *Finding My Way: A Memoir of Family, Identity and Political Ambition* (release date April 18th). Join hosts [Dee Martin](#) and [Caitlin Sickles](#) as they talk with Robin about why she shared her extraordinary life story and the importance of authenticity in doing so. They discuss the implications of overturning *Roe v. Wade*; the negative mental and physical effects of keeping secrets; and the importance of participating in the democratic process. Robin, who served at the highest levels of American politics and government for over three decades, offers practical and insightful advice, including sharing her Nana's sage words, "Life is short. Eat dessert first." This is one you don't want to miss!

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